

Living 3 Doors Down

We caught up with Chris Henderson, the 41-yearold guitarist from the US alternative rock group

Your music seems a bit heavy for you to be playing at a jazz festival.

It seems weird to me, too. It's our first jazz festival. We did play an easy-listening festival one time, and that went pretty well. It's our first time in Dubai, and that's pretty cool.

You dig jazz?

I'm a jazz fan, although not a hardcore jazz fan – it's not the only thing I listen to. Some jazz fans are pretty intense.

Your greatest hits album came out last year. Does that make you feel like an old band?

It's pretty cool. We were talking about how we never thought we'd have one hit – so a greatest hits album is pretty surreal. If you have the songs, that's what you do.

Do you guys still party when you're on the road?

We've cut back – we're doing it a lot less. A lot of the wildest things have already happened. We've learned from it, and really nothing good comes out of

'I partied my way through five years that I really don't remember, and it's a real shame' partying. You have to pick up the pieces everywhere – it can ruin careers and marriages. We've been through it all.

So what's the greatest lesson you've learned?

Not to take this life for granted. A lot of people think the money and the girls will never end – it's a lifetime of excess. It really doesn't work that way. I partied my way through five years that I really don't remember, and it's a real shame. I've been to countries I can't remember visiting. I'm sober now.

You had a huge hit in 2000 with 'Kryptonite'. Do you think you can ever better that?

This band has been through a lot – new members, people quit, people got fired – but we're still going, and our ambition is to conquer the rest of the world. We did it before; why can't we do it again? I think we can. I think this band is definitely not finished.

Do you ever regret rerecording 'Be Like That' for American Pie II?

Not really. Nobody ever said anything negative – and I made a ton of money from that. So I never regretted it at all.

What's the worst thing about being an international rock star?

Being away from your family for long periods of time. That's the curse of rock 'n' roll right there. There's evidence in all the broken families it leaves, it's a harsh reality.

Who lives 3 Doors Down from you?

Taylor Swift. Well, actually she lives three streets down, but she's my closest famous neighbour. She's nice and quiet, real pretty and tall. ●



Chuck Loeb